

Why Don't Our Teeth Fit Our Jaws and What We Can Do About It? (2-4 hours) **An Interdisciplinary Approach**

SFOT (a.k.a. PAOO, POPA and Wilckodontics) are innovative dental technologies, combining generative/regenerative periodontal therapy with orthodontic treatment. This enables the dentist to minimize potential iatrogenic risk factors associated with orthodontic therapy (see below). Favorably positioned teeth, plus an enhanced mucogingival complex, facilitate ideal and predictable long-term esthetics and function.

Therapeutic aspects of SFOT include:

Treatment of existing recession and periodontitis lesions.

Enhancement of thin biotypes, minimizing the risk of iatrogenic gingival recession associated with orthodontic treatment.

Greater post treatment orthodontic stability.

Less apical root resorption.

Accelerated orthodontic treatment, usually completed in six-nine months.

Less need for orthognathic treatment or extractions.

Learning objectives:

Understanding the etiology of gingival recession, apical root resorption and orthodontic relapse from an anthropological, functional, and genetic perspective.

Benefits, limitations, and complications of Orthodontic treatment.

Introducing SFOT into your general and specialty dental community.

Evidence supporting the concepts of SFOT.

